

LEAH HOBBS, LISW

PROFESSIONAL EXPERIENCE:

Catholic Social Services
Columbus, Ohio

Clinical Social Worker, Counseling Program
2013—present

- Provide mental health assessments & create therapeutic treatment plans, complete clinical case notes within electronic documentation system requirements
- Utilize cognitive behavioral, solution-focused therapeutic interventions to improve client psychosocial functioning and mental health outcome measures
- Participate in counseling team group & administrative meetings including peer clinical case presentations and continuing education teachings

Catholic Social Services
Columbus, Ohio

Maternal Mental Health Social Worker
2011—2012

- Counseled diverse population of mothers ages 17 and over during pregnancy & the postpartum period in both the home and community settings
- Educated clients regarding evidence based parenting practices, family systems & behavior modification techniques to empower effective parenting and foster improved relationships
- Evaluated and assessed mental health conditions, created therapeutic treatment plans and utilized cognitive behavioral and client centered interventions
- Utilized crisis interventions & planning and provided referrals to community resources
- Provided individual and group psychosocial education on Maternal Mental Health conditions
- Collaborated with Columbus Public Health officials and participated in Maternal Depression Task Force

International Cesarean Awareness Network (ICAN) of Central Ohio
Columbus, Ohio

Co-Leader
2008—2011

- Organized and facilitated monthly support group meetings providing education on cesarean birth prevention, achieving VBAC, and counseling for recovery with expecting mothers & their families
- Identified and processed unresolved feelings and grief responses surrounding difficult and traumatic birth experiences to improve psychosocial well-being
- Assessed needs of participants and provided linkages to professionals and community resources

Barrett Urban Academy, Columbus Public Schools
Columbus, Ohio

School Social Worker
2004—2005

- Provided brief, solution-focused individual counseling for diverse population of 500 middle school students on family, school, and peer-related concerns
- Collaborated with teachers, school officials and families to identify needs, assess interpersonal, behavioral and mental health related problems and implement interventions to improve outcomes
- Created interventions to investigate student truancy, improve school discipline and aid in student academic success

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- Recruited participants, coordinated and implemented psycho-educational grief and loss, anger management and social skills groups with middle school students and PEAK attendees
- Developed and implemented collaborative behavior modification plans with students and teachers
- Conducted multi-cultural family sessions to improve familial relationships
- Co-coordinated and facilitated school wide peer mediation program and participated in IAT meetings

**Intensive Community Support Program,
Nationwide Children's Hospital Behavioral Health Services**
Columbus, Ohio

Clinician
2003—2004

- Clinical case manager of active mental health cases for 10-15 youth, 6-18 years of age, providing family-centered mental health services
- Evaluated & assessed needs of youth, identified therapeutic treatment goals for behavioral and mental health problems to improve interpersonal and academic success
- Provided individual, marriage and family counseling, and utilized crisis, therapeutic and behavioral interventions in the home, school and community settings
- Facilitated therapeutic summer CHAMP camp groups and Trailblazers experiential wilderness learning group in conjunction with Camp Mary Orton
- Provided crisis intervention and safety planning, as needed, for all clients and families linked to the community support services team
- Coordinated services for client's treatment among interdisciplinary team, linked families with community resources and advocated on their behalf with identified agencies and service providers

PROFESSIONAL CREDENTIALS & TRAINING:

- **Licensed Independent Social Worker (I. 1201157)**, State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board, 2012
- **Clinical Practice of Cognitive Therapy Training Program**, Cleveland Center for Cognitive Behavioral Therapy, 2012
- **Biblical Christian Counseling Training**, Breakthrough Reconciliation Ministries, 2012
- **CAPPA Trained Postpartum Doula**, Childbirth and Postpartum Professional Association, 2007
- **Licensed School Social Worker (OH 1467209)**, State of Ohio Department of Education, 2004

ACADEMIC ACHIEVEMENTS:

The Ohio State University, Columbus, Ohio

- **Master of Social Work**, Clinical Concentration, June 2003
- President and founder, The Ohio State University School Social Work Club
- **Bachelor of Arts in Psychology**, June 2000
- Graduated Magna Cum Laude, *With Distinction in Psychology*
- Recipient of Excellence in Scholarship Award
- Member of The Sullivant Society Leadership Honorary

References available upon request